



COVID-19 RETURN TO COMPETITION REFERENCE GUIDE

COMPETITION REQUIREMENTS	LEVEL C
Player and spectator arrival and departure time	<p>Eastern Districts are encouraging</p> <p style="text-align: center;">“Get in, Play the game, Get out”</p> <p>No social gatherings before or after matches.</p>
Health	Players, team officials and spectators MUST stay home if unwell or directed to by Health authorities.
Coaches	1 per team
Scorer (and Timer when required)	<p>2 x scorers per court are required to stand opposite the centre circle and maintain physical distancing of 1.5 metres.</p> <p>(Lothian Ave – sheds reserved for scorers ONLY)</p>
Umpires	2 per court (and trainee if required)
Spectators	<p>The one person per 2 square metres must be applied and total attendance numbers are defined by the COVID safe plan as per government requirements.</p> <p>Physical distancing of 1.5 metres must be observed</p>
Attendance records	Not required – although score cards should be completed correctly with all player names and coaches name
COVID Safe Officer	Court Supervisor – who will have completed the Government Infection Control course.
Equipment	<p>Unrestricted equipment</p> <p>Each team should have 2 x sets of bibs to be washed (warm water and detergent) after each match</p>
First Aid Kits (inclusive of rubber gloves)	Every team must have a first aid kit.
Nail clippers and similar	Should not be shared OR must be sanitised between use
Umpires	Must not share whistles
Player uniforms	Uniforms should be washed (warm water and detergent) after every game



COVID-19 RETURN TO COMPETITION REFERENCE GUIDE

Match Length	As per Eastern Districts Netball Association regulations
Hand Sanitiser	Teams/Players must supply their own hand sanitiser. <i>(EDNA will have sanitiser at each location court supervisor station)</i>
Water bottles and towels	All players must have their own individually labelled water bottle and towel. THERE CAN BE NO SHARING OF THESE ITEMS.
Other contact – handshake, huddles, high fives	This form of sportsmanship should be avoided. Encourage elbow touches or vocal congratulations.
Pole Covers	Players are to avoid contact with poles and pole covers where possible.
COVID signage	“DO NOT ENTER if you have any symptom” “How to wash your hands” To be displayed at all venues
Canteen / BBQ’s	1.5 m physical distancing required for canteens and BBQ’S both indoor and outdoor areas.
Toilets	Open and cleaned as required
COVID safe app	Eastern Districts recommends the downloading of the Government COVID safe app to assist with contact tracing